

## St. Andrew's Primary School - Autumn 2 2020-21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PROTEIN</b>	Macaroni cheese	Beef Bolognese or tomato pasta	Sweet and sour pork or vegetable stir fry	Roast chicken and 'pigs in blankets' or Quorn pieces	Fish fingers or veg fingers
<b>CARBOHYDRATE</b>	Pasta, crusty bread	Jacket potato or pasta, focaccia	Egg fried rice	Roast potatoes, Yorkshire puddings	Chips
<b>VEGETABLES</b>	Broccoli, salad bar	Salad bar	Salad bar	Broccoli and carrots	Peas or baked beans
<b>DESSERT</b>	St Andrew's pudding with cream	Rice pudding with fruit compote	Stewed apples and pears with custard	Angel Delight	Carrot cake with cream

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PROTEIN</b>	Chicken or vegetable korma	Cottage or vegetable pie	Toad or Quorn in the hole	Roast pork, stuffing balls or leak and feta filo	Salmon fishcakes or cheese and vegetable cakes
<b>CARBOHYDRATE</b>	Brown and white rice, naan bread	Potato	Cheesy mash	Roast potatoes, Yorkshire pudding	Chips
<b>VEGETABLES</b>	Salad bar	Green beans	Carrots, peas	Cauliflower and carrots	Sweetcorn or baked beans
<b>DESSERT</b>	Apple and blueberry cake with custard	Peach bread and butter pudding with cream	Raspberry Chantilly	Ice cream and fruit platter	Apple pie with custard

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PROTEIN</b>	Jacket potato with tuna, baked beans or cheese	Homemade meatball in tomato sauce or falafels	Chicken lasagne or vegetable lasagne	Roast gammon or cheese and vegetable bake	Battered fish or cheese and vegetable cakes
<b>CARBOHYDRATE</b>	Jacket potato	Spaghetti	Garlic bread	Roast potatoes, Yorkshire puddings	Chips
<b>VEGETABLES</b>	Sweetcorn, salad bar	Kale, salad bar	Salad bar	Cabbage and carrots	Sweetcorn or baked beans
<b>DESSERT</b>	Chocolate crunch with pink custard	Rhubarb wholemeal crumble with custard	Oranges in jelly with ice cream	Cheese and biscuits	Pineapple upside-down cake with custard

**WEEK 1, 4,\*7**

2/11/20

23/11/20

14/12/20

*(Xmas lunch*

*16/12/20)*

*\*menu changes -  
15/12 Chicken or  
vegetable korma,  
17/12 jacket potato.*

**WEEK 2 & 5**

09/11/20

30/11/20

**WEEK 3 & 6**

16/11/20

07/12/20

**Bread, fresh fruit and yoghurt will be available every day \*Jacket Potatoes or vegetarian options are available every day as an alternative lunch – please ask the kitchen in advance. Ham or Cheese Salad available on Mon - Weds if ordered in advance. For allergy information please see the ordering form or contact the**