**Parents Guide to Relationships and Sex Education in Primary School**

**The responsible approach to Relationships & Sex Education in primary schools: Growing up with Yasmine and Tom**

Dear Parents/Carers/Guardians

The Family Planning Association (FPA) has been teaching health and sex education since the 1930s – you may have seen our patient leaflets while waiting in doctors’ surgeries.

Since September 2020 primary schools have been [legally required to teach “Relationships Education”](https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary).

We know that teaching Relationships and Sex Education (RSE) is a big responsibility and so we developed “Growing up with Yasmine and Tom”, i.e.:

* A unique, interactive and practical set of RSE lessons that teachers can use to ensure children are both educated on topics appropriately and protected,
* A set of lesson plans and modules that meet the statutory Department for Education guidance (national curriculum) and are also accredited by the PSHE Association.

**Core Lesson Themes in Primary School**

* Positive relations with friends, families and other adults and children
* Respecting people who are sometimes different from your own family
* Development of skills to stay safe on and offline

If you would like to view the materials, please follow the link below.

<https://www.fpa.org.uk/rshe-for-parents/>