

ALLERGEN INFORMATION



Food allergens can be life threatening. If you have a food allergy, the only way you can manage it is to avoid the foods that make you ill.

Where allergens are used in your children's meals, we have indicated them using the key below.

KEY

P = peanuts

N = nuts

Cr = crustaceans

Mo = molluscs

F = Fish

E = eggs

Mi = milk

Ce = cereals

S = soya

SS = sesame seeds

Cl = celery

Mu = mustard

L = lupins

SD = sulphur dioxide

Please speak to our School Kitchen if you would like more information about the allergens in your child's food.

You can find out more at www.food.gov.uk/allergy