

St. Andrew's Primary School - Autumn 1 2020-21

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PROTEIN	Jacket potato with tuna, baked beans or cheese	Chicken or vegetable risotto	Beef Bolognese or tomato sauce	Roast chicken and 'pigs in blankets' or Quorn pieces	Fish fingers
CARBOHYDRATE	Potato	Rice	Pasta, focaccia bread	Roast potatoes, Yorkshire puddings	Chips
VEGETABLES	Sweetcorn, salad bar	Kale, salad bar	Salad bar	Broccoli and carrots	Peas or baked beans
DESSERT	Stewed plums with custard	Apple and pear crumble with ice cream	Scones with strawberries and cream	Angel delight	Apple and blueberry cake with custard

WEEK 1, 4 & 7
31/8/20
21/9/19
19/10/19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PROTEIN	Sweet and sour pork	Salmon Parcels	Herby chicken or Quorn nuggets	Roast pork, stuffing balls or leek and feta filo	Pepperoni or cheese and tomato pizza
CARBOHYDRATE	Egg noodles	Croquette potatoes	Nut free pesto pasta or diced potatoes	Roast potatoes, Yorkshire Pudding	Chips
VEGETABLES	Stir fry vegetables, salad bar	Green beans and salad bar	Broccoli and salad bar	Cauliflower and carrots	Peas and sweetcorn or baked beans
DESSERT	Peach bread and butter pudding with cream	Raspberry Chantilly	Chocolate crunch with pink custard	Ice cream or fruit platter	Pineapple upside-down cake with custard

WEEK 2, 5
07/09/19
28/09/19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PROTEIN	Chicken or Vegetable Korma	Chicken and ham carbonara	Homemade meatballs or falafels	Roast gammon or vegetable bake	Battered fish or cheese and vegetable cakes
CARBOHYDRATE	Brown and white rice, naan bread	Pasta, crusty bread	Diced potatoes	Roast potatoes, Yorkshire puddings	Chips
VEGETABLES	Salad bar	Salad bar	Peas and salad bar	Cabbage and carrots	Sweetcorn or baked beans
DESSERT	Apple pie with ice cream	Oranges in jelly with cream	St Andrew's Pudding with cream	Cheese and biscuits	Raspberry lemon cake with custard

WEEK 3 & 6
14/09/19
05/10/19

Bread, fresh fruit and yoghurt will be available every day *Jacket Potatoes are available every day as an alternative lunch – please ask the kitchen in advance. Ham or Cheese Salad available on Mon - Weds if ordered in advance. For allergy information please see the ordering form or contact the School Kitchen.