

St. Andrew's Primary School - Summer 5 2018-19

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|---------------------------|--|--|-------------------------------------|------------------------------------|
| PROTEIN | Beef or vegetable lasagne | Pepperoni and tomato or vegetable pasta bake | Herby chicken | Roast pork and Yorkshire pudding | Battered fish |
| CARBOHYDRATE | Garlic bread | Pasta | Jacket potato | Roast potatoes | Chips |
| VEGETABLES | Salad bar | Broccoli and salad bar | Peas and salad bar | Broccoli, carrots and chicken gravy | Peas, sweetcorn or baked beans |
| DESSERT | Lemon pudding with cream | Stewed apple with custard | Pineapple upside-down pudding with custard | Jelly and blancmange | Sticky toffee pudding with custard |

WEEK 1 & 4
22/04/19
13/05/19

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|---|------------------------------------|--|-------------------------------------|--------------------------------|
| PROTEIN | Fish pie | Chicken or vegetable korma | Meatballs or quorn balls in tomato sauce | Roast chicken and Yorkshire pudding | Pizza |
| CARBOHYDRATE | Mashed potato topping | Brown and white rice, naan bread | Pasta | Roast potatoes | Chips |
| VEGETABLES | Broccoli and salad bar | Salad bar | Salad bar | Green beans and carrots | Peas, sweetcorn or baked beans |
| DESSERT | Peach bread and butter pudding with cream | Chocolate crunch with pink custard | Blueberry and apple cake with custard | Jelly and blancmange | Yoghurt cake with custard |

WEEK 2 & 5
29/04/19
20/05/19

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|--------------|-------------------------------------|-------------------------------|------------------------------------|-------------------------|
| PROTEIN | Bank holiday | Cottage or vegetable pie with gravy | Chicken or vegetable stir fry | Roast gammon and Yorkshire pudding | Fish fingers |
| CARBOHYDRATE | | Mashed potato topping | Egg noodles | Roast potatoes | Chips |
| VEGETABLES | | Green beans | Salad bar | Cauliflower and carrots | Peas or baked beans |
| DESSERT | | Oranges in jelly with ice cream | Cherry pie with custard | Cheese and biscuits | Spongerlina and custard |

WEEK 3
06/05/19

Vegetarian alternatives are available. Bread, fresh fruit and yoghurt will be available every day *Jacket Potatoes are available every day as an alternative lunch – please ask the kitchen in advance. Ham or Cheese Salad available on Mon - Weds if ordered in advance. For allergy information please see the ordering form